WORSHIP AT PNK IN NOVEMBER

10.45am Sunday 12 November Rev Graham Astles, **Service of Remembrance**

Sunday 19 November Rev Graham Astles, elders' long service awards Sunday 26 November Rev Graham Astles

REMEMBRANCE EVENTS TODAY

Penicuik Park War Memorial immediately after morning worship Glencorse Memorial short act of remembrance at 2pm Sacred Heart Lest We Forget 6pm

WELCOME TO WORSHIP!

If you would like to receive a printed song sheet for use in the service, please speak to Graham, Brian or Fiona or contact Fiona, 07810 327098 fionacharleson@sky.com. An audio version of the service is usually available on our YouTube channel after the event: https://www.youtube.com/channel/UCbsh45OCWOurcjokxqE69tQ If you would like to receive the service as a CD, please contact Graham (see below).

Covid guidance for PNK

Covid remains an issue for life in general, and for attending worship. While detailed laid down rules have stopped, the following actions will help to keep us safe. They are taken from Scottish government advice on their website.

- Be vigilant and aware. If you feel unwell and suspect you have contracted Covid do not attend worship or your group
- Maintain good hand hygiene and use the hand sanitiser when entering the building and as required
- Wear a facemask if you wish to protect yourself and others
- Make sure you keep your vaccination programme up to date
- The church is cleaned regularly to minimise the dangers of spread

MIDDLE EAST CRISIS APPEAL

PNK hold a MidAid fund for use to support refugees. This has been very useful as these folks have come into our community. However at the moment there is no news of further families arriving. It has been decided therefore to use £500 of this fund to support the Christian Aid Middle East Crisis Appeal and that money was sent recently.

FOODSTORE@PNK

Thank you for your continued support of the work carried out by the Foodstore@PNK. We have been blessed with the Harvest Festival donations from Cornbank Primary School and also Penicuik Trinity Community Church. People are so generous to us and we appreciate their kindness. However, we have agreed to make up 20 Christmas hampers and we would really appreciate as much help as possible for this worthwhile ministry. Also we were wondering if there are any church groups or individuals in our congregation who might consider doing a parcel for a specific family. Please contact me as soon as possible if you can help with this. Thank you again for all your help.

Jan Naylor 07740 621814

PRAYER MEETINGS IN PENICUIK The PNK Prayer group meets on Thursdays at 8pm in the Welcome Area. All welcome. You are also welcome to attend any of the prayer meetings at the other PCT churches – please see the PCT website (below) for links to member churches

PRAYER WALKS On Thursday mornings at 10am a group of folk from various Penicuik churches meet to walk and pray. Sometimes we walk a couple of miles and other times we walk 100 yards. Sometimes we stop and pray together and sometimes we pray as we walk. God is part of our conversation and there is usually quite a lot of that. Some of us usually go for a coffee afterwards but that part is optional.

If you would like to find out more or join us any Thursday morning please speak to Eunice Astles.

ECO Tips for November: Reading selection 2

'Avocado Anxiety and other stories about where your food comes from' by Louise Gray (2023). This book focuses on the food stories behind our fruit and vegetables. The author tracks the journey of the fruit and vegetables from farm to plate and includes Fairtrade stories too. She does this through visits to farms, interviews with scientists and her own experiences of growing these foods at home.

YOUTH ALPHA final meeting this Tuesday 14 November at 7pm at the home of Charis & Jamie, 12 Foster Road, Mauricewood, EH26 0FL. Thank you so much to everyone who has donated towards costs. So very grateful for everyone's support, encouragement and practical giving. Ann Dunsire (tel: 0797 460 5590, email: ann1010@btinternet.com) Caroline Toms (tel: 07507 640373, email: carotoms@gmail.com)

PNK RAMBLERS' WALK - SATURDAY 18 NOVEMBER FOUR

RIVER WALK Meet at car park opposite PNK at 10am. This walk goes through Beeslack Wood, following the River Esk and then into Penicuik Estate. Estimated time 2.5 hours. Walk can be reduced if required to suit some walkers. We return to the North Kirk for approximately 12.30pm for our lunch and annual meeting. REMEMBER TO BRING YOUR PACKED LUNCH WITH YOU. TEA/COFFEE WILL BE PROVIDED. For more details please see the noticeboard in the Welcome Area or contact Edna Sommerville on 01968 674820 or robertsommerville6@hotmail.com

FORTHCOMING EVENTS AT PNK

November St Andrew's event for older members **December** Young Kirk Christmas Coffee Morning on Sat 2 Dec

CHRISTMAS IS COMING!

Advance notice of some events – more to follow soon **Gather on the Green:** delivery of leaflets on Sunday 26 November to advertise a special Christmas Event at Foster Road on Sunday 10 December.

Carols at Aaron House: Wednesday 13 December from 2pm If you can help with any of these please speak to Graham or Fiona

IONA 2024

The possibility of a visit to Iona, living in the Abbey, has been raised. If you would like more information/to put your name forward speak to Jim Black

RENEW 26 A quiet shared space where it's ok not to be ok. Glencorse Centre, Firth Road, Auchendinny, Thursday afternoons, 2-4pm. PNK, Friday mornings, 10am till 12 noon. More information on 07956 738481 or renew26@gmail.com

PASTORAL MINISTRY For any pastoral matters, please leave a message for Graham (see below), or contact Jean Lord (675142) Cathie Ramsay (768928) or Anne Brown (672605)

WEEKLY FLOWERS

Cathie Ramsay needs your help to place fresh flowers in the Sanctuary for Sunday worship. Please speak to her to see what you can do. If you feel able to do so and then pass them on to someone you know who needs a boost, please get in touch. Many thanks, Cathie Ramsay 01968 768928

WEEKLY OFFERINGS Please see the information on the church website or call Anne Pearson on 01968 675645.

INTIMATIONS Information for this sheet should be sent to Fiona Charleson (fionacharleson@sky.com). It would be appreciated if it could be with her by Wednesday each week.

SAFEGUARDING NOTICE The North Kirk family has a duty to protect the young and vulnerable people within our congregation and aims to have a safe and happy environment for all who use the facilities. Safeguarding Policy and Procedures are in operation within PNK and if anyone has any issues regarding Safeguarding, or anyone's behaviour is causing concern, please speak to either David McDonald or Chris Black who will monitor the situation along with the members of the Safeguarding Panel. If the problem cannot be rectified, we will contact the Safeguarding Office at 121 George Street for assistance, support, and counselling, if required. Phone numbers: David McDonald 674897; Chris Black 677559

Safeguarding training dates for trustees:

Tuesday 5 December on Zoom

For members of Kirk Session, especially if it is 3 years since you last attended. Please contact David or Chris for more details

CONTACTS

Minister: Rev Graham Astles 07906 290568

gastles@churchofscotland.org.uk

Session Clerk: vacant

PNK website: penicuiknorthkirk.org, currently being updated;

Facebook: Penicuik North Kirk

Penicuik Churches Together (most Penicuik churches)

www.penicuikchurchestogether.org.uk; Facebook: Penicuik Churches Together

REMEMBER THE OPEN DOOR CAFÉ Monday to Friday 10am till 12noon

If you would like to join our band of excellent volunteers please speak to Anne Thomson 07900 564607