



Returning to Church



(www.penicuiknorthkirk.org)

Penicuik North Kirk is delighted to release this guidance to reflect the Scottish Government's transition to Phase 3. This guidance is for all members of the congregation and visitors to the church. Thank you for your ongoing support and patience while we adjust to the 'new normal' for meeting together to worship - keep in touch and continue to look after one another.

Don't

- Don't - hug or shake hands with others in the church
- Don't - share food / sweets
- Don't - go closer than 2 metres to anyone outside your household
- Don't - share car lifts to church with other households
- Don't - be afraid to ask for help!

Do

- Do - Wash hands or sanitise before & after coming to church
- Do - Wear a face covering
- Do - Speak to the Welcome Team members if you are unsure on anything
- Do - Follow all signage

COVID-19 Warning

You must **not** attend church if in the past 14 days if you:

- Have been unwell or had any flu-like symptoms
- Have been in contact with known or suspected cases of COVID-19
- Have had any respiratory symptoms (even if mild)

Remember

You don't have to return straight away. You can join in from home - service available via the church website or call 07906 290568 for DVD